

# Communicating BIG IDEAS Through Dance



## FREE Elementary School Program

- ◇ A series of six, one-hour, student-centred workshops led by professional dance artists and teachers, for K-7 students.
- ◇ Workshops are free with no cost to the school or the students.
- ◇ Introduce your students to the world of dance and movement, and the many health and wellness benefits that come from learning how to communicate through dance.

### New BC Curriculum Connection

- ◇ Workshops are tailored to meet both the Physical Education and Fine Arts new curriculum **Big Ideas**, such as: fostering health and wellness through movement, teaching emotional and social well-being, and building communication and technical skills.
- ◇ Using the nonverbal language of creative movement/dance encourages students to be open to new ideas, opportunities and personal expression, in a supportive environment.
- ◇ Benefits will translate into the classroom with anticipated outcomes such as helping students improve their social skills and enabling them to communicate better, learn teamwork, develop creativity and imagination, develop a greater sense of trust and cooperation, express and regulate emotions, and make new friends.

### Details

- ◇ Suitable for Grade K-7 students of any physical ability.
- ◇ No previous movement or dance experience is necessary.
- ◇ Scheduling is flexible to meet your school's needs.

### Book Now

Contact Marnie Maretic, Education Coordinator:  
604.728.6448 [educordinator@thedancecentre.ca](mailto:educordinator@thedancecentre.ca)

This program is made possible through the Charles and Eve Chang Foundation and The Province of British Columbia.

